

What's been happening at Picabeen?

Further Improvements to Picabeen Community Centre

Outdoor Kitchen



The new BBQ and outdoor kitchen have been an absolute game-changer for our volunteers. Having a bigger space, reliable equipment, and a well-organised setup has made food preparation smoother, faster, and far more enjoyable. It's lifted the efficiency of our whole operation and taken a lot of pressure off the team.

We're incredibly grateful for this upgrade — it's made a real difference to how we work and what we can offer.

The kitchen/BBQ space makes our work more enjoyable both for cooking and food preparation, allowing us to serve our community members in a faster manner. Such a wonderful improvement

Picabeen would like to thank the Lord Mayors Charitable Trust for funding this project.

From the Youth Team



The Youth Team is excited to step into another inspiring year of growth and opportunity.

We are proud to launch our new program, Brighter Futures: Skills & Confidence for Young Women, funded by the Queensland Government. This initiative is designed to empower young women and those who identify as women by building essential life skills, including budgeting and financial literacy, job application writing, interview preparation, and developing healthy relationships.

Our goal is to support participants in building confidence, independence, and strong foundations for their futures.

We have also received an overwhelmingly positive response to our Dungeons & Dragons group. Participants are thoroughly enjoying exploring the imaginative world of D&D while strengthening teamwork, communication skills, and meaningful social connections.

Brisbane North Suicide Bereavement Support Group



We are proud to launch our new support group – The Brisbane North Suicide Bereavement Support Group, a welcoming, non-clinical space for friends, family and community members bereaved by suicide. The group is available to Brisbane north residents and anyone aged 18 years and over.

The group is facilitated using trauma-informed and culturally responsive practices. Grounded in peer support and lived experience, it offers a safe space to connect with others who understand the unique and complex nature of suicide grief. The group aims to:

- Support healing and wellbeing - Reduce the emotional intensity of grief, support coping strategies, and promote overall wellbeing in a compassionate and safe environment.
- Provide sharing and validation - Offer a space to share stories, emotions, experiences of loss and to feel heard, acknowledged, and understood by others with lived experience.
- Foster social connection - Reduce isolation by creating opportunities for meaningful connection, peer support and a sense of belonging.
- Link people to additional support - Provide information about local services and, where helpful, gentle referrals to counselling, mental health and community supports.

When and where?

Location: Picabeen Community Centre 22 Hoben Street, Mitchelton 4053 QLD

Day: 4th (Fourth) Monday of each month

Time: 6:00pm – 8:00pm

Commencing: 23rd March 2026

Email us at info@picabeen.org.au or phone [07 3354 2555](tel:0733542555)

Register via Humanitix: [Suicide Bereavement Support Group](#)

Proudly Funded by the Australian Neighbourhood Houses & Centres Association (ANCHA)

News from our Change Room Op Shop – Dallas Parade Keperra



The Changeroom Op Shop continues to grow and thrive, thanks to the wonderful support of our community. We are delighted to welcome several new volunteers to our team, and they have already proven to be a fantastic addition to the Op Shop family.

Their enthusiasm, kindness, and willingness to help have brought fresh energy into the shop. We continue to be wonderfully supported by our community, with steady growth in sales and an ongoing stream of amazing donations. This past year has truly been a great one for the Op Shop, made possible by the generosity of our donors and the dedication of our volunteers.

We are also excited to share that external renovations have been underway, preparing the outside of the building for a fresh coat of paint. These improvements will help brighten the space and ensure the Op Shop remains a welcoming place for everyone who visits.

Thank you to everyone who continues to support the Changeroom Op Shop – we look forward to another positive year ahead.

Student Placement Experiences



Picabeen hosts student placements from a range of educational institutions, and they contribute significantly to what Picabeen can offer. During their recent placements Vanisha and Matt reflected on their time at Picabeen

“I am a Bachelor of Community Services student, and as I finish my placement at Picabeen Community Centre, I would like to say thank you to everyone for their support. I learned many new skills and gained valuable experience during my time here. I am very grateful to the mentors, staff, and volunteers for their help, guidance, and kindness.” - Vanisha

“I recently completed my student placement for my Bachelor of Community Services with Picabeen Community Centre and am incredibly grateful for the experience. It has been a privilege to work alongside such a dedicated team of staff and volunteers, and to play a small part in the valuable and rewarding work Picabeen does within the community.” – Matt



Our current QUT student placements for Semester 1 2026 are (from left) Sierra, Caitlin, Sierra and June

What's happening at Picabeen Community Centre

Activity	Time	Cost	Description	Booking
Monday				
Playgroup	9:30 am – 11:30 am	Free	For children aged 0-5. Connect with other parents and caregivers.	Walk in
Suicide Bereavement Support Group	6:00 pm – 8:00 pm	Free	Commencing Monday 23 rd March and reoccurs the 4 th (fourth) Monday of each month. A welcoming, non-clinical space for Brisbane north individuals 18 years and older bereaved by suicide.	Please email us at info@picabeen.org.au or phone 3354 2555
Tuesday				
Beginners English	9:30 am – 11:30 am	Free	English Class designed for those starting out.	Walk in
BBQ	12:00 pm – 1:00 pm	Free	Connect with the community and meet new friends at Picabeen Community Centre BBQ.	Walk in
Social Connections	12:30 pm – 2:00 pm	Free	For young people 12-18 years old who are participating in homeschool, distance ed, unschooling or are disengaged with mainstream school.	0408 001 882
Wednesday				
No Interest Loans (NILS)	9:30 am – 5:00 pm – pre-booked appointments only	Free	No Interest Loans (NILS) provide individuals and families on low incomes with access to safe, fair, and affordable credit.	For enquiries, please visit our website Picabeen.org.au or phone 3354 2555
Safe Space	3:00 pm – 5:00 pm	Free	This space is about LGBTQIA+ SB young people (12-18y) and allies to connect, socialise and develop life skills in a safe, respectful, and empowering environment.	0408 001 882
Thursday				
Form Filling Assistance	9:30 am – 10:30 am 11:00 am – 12:00 pm	Free	Form filling assistance for any forms except for legal or court documents.	3354 2555
Beat the Boredom Board games group	10:00 am - 12:00 pm	Free	Board games group for all ages and skill levels.	Walk in
Dungeons and Dragons	3:00 pm – 5:00 pm	Free	Dungeons and Dragons after school group	0408 001 882
Friday				
Conversational English	9:30 am – 11:30 am	Free	A friendly group of people from many countries work with our tutors to improve their spoken English. All levels of skills welcome from none to basic.	Walk in
Craft Group	9:30 am – 11:30 am	Free	Drop in for a chat and a cuppa and bring some craft along if you wish.	Walk in

22 Hoben Street Mitchelton – Phone 3354 2555

info@picabeen.org.au – Picabeen.org.au